

# Strategic model for the promotion of a full life, free of racism and gender violence

Good Practice *AT A GLANCE*

KNOW-HOW  
3000



Experience by Association Project MIRIAM for the intellectual promotion of women

In north-west, south-west, center, north and Xinka regions of the eastern region, GUATEMALA

Women survivors of violence and discrimination, a product of a patriarchal, racist and capitalist exclusionary system, face strong barriers to complete their university studies

The solution was to promote, in parallel to the educational process, a process of integral healing

## IMPACT

- o Women achieve greater emotional balance and better career opportunities thanks to the progress in their education
- o The participation and the protagonism of women at a social and political level is improved
- o Women strengthen their cultural identity and the appropriation of their individual and collective rights

## Experience description

The goal is to achieve a full life for women, in harmony and balance, free of racism and gender violence, through professionalization, participation and empowerment. To this end, we facilitate healing processes and accompanied women in order to overcome the traumas caused by the experiences of pain and suffering. In doing so, we try to transform negative emotions into positive ones. In addition, the education of women is promoted to reactivate their personal motivation so that they opt for the construction of their life project and prepare themselves professionally.

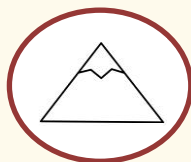


## Other characteristics



### BENEFICIARIES

- Indigenous and rural women leaders who are trained as promoters
- Women and adolescents survivors of violence (they receive courses with fewer academic requirements)
- Women in communities who are trained as community promoters



### CHALLENGES

- The need to have specialized knowledge in the association
- The difficulty of replacing the team's experts due to their specialized knowledge



### LESSONS LEARNED

- Need of implementing internal and external training processes
- It is necessary to strengthen the capabilities of the team and that the team identifies with the objectives of the association

HORIZONT  
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ÖSTERREICHISCHE ORGANISATION  
FÜR ENTWICKLUNGSZUSAMMENARBEIT



**Sector:** Human Rights – Civil Society **Period:** Since 2016

**Further material:** <http://www.proyecto-miriam.org>

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ÖSTERREICHISCHE  
ENTWICKLUNGS-  
ZUSAMMENARBEIT

Dreikönigsaktion  
Hilfswerk der Katholischen Jungschar

kfb Katholische  
Frauenbewegung

Welthaus  
DIOZESE GRAZ-SECKAU

BRUDER UND  
SCHWESTER  
IN NOT

DIOZESE  
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SEI  
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